

News Release

****for immediate release****

31 October 2017

Deborah is Volunteer of the Year at Cycling Scotland Awards Ceremony

Moray trainee teacher wins Volunteer of the Year Award at Cycling Scotland's Bikeability Awards

Deborah Gault, who delivers Bikeability Scotland cycle training at East End Primary School in Elgin, was honoured at the Cycling Scotland's annual Bikeability Awards which took place at Glasgow's City Chambers on 30th October.

Deborah has delivered extra-curricular Bikeability Level 1 sessions at East End Primary School for the past five years, and over 80 pupils have come through the programme. They have all relished the opportunity to take their bikes to school and hone their skills.

Bikeability Scotland is a cycle training programme designed to give children the skills and confidence they need both to cycle safely on the roads, and to encourage them to carry on cycling into adulthood.

Active Schools Coordinator at Moray Council, Roy McPherson said:

"Deborah regularly goes over and above, she has encouraged other parents to become involved with the programme and has been at the forefront of developing a strong cycling culture at the school."

The awards, presented by Bailie Philip Braat at a civic reception hosted by Glasgow City Council, seek to recognise outstanding commitment and success in getting more people cycling across the country.

David Collins, Bikeability Development Officer, said: "There is so much excellent work going on across Scotland to get people, of all ages and abilities, cycling more often. We are very grateful to our volunteers in helping us to grow confidence in our young people and to teach an essential life skill of riding a bike.

"Our thanks go to Transport Scotland and Moray Council for helping to recognise the amazing work that goes on at grass roots level to help more people to travel safely and confidently by bike."

Cycling Scotland is the nation's cycling organisation. Find out more about all Cycling Scotland programmes at www.cycling.scot.

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NOTES TO EDITORS:

Bikeability Scotland Awards were presented as part of Cycling Scotland's Annual Conference. The Conference is a two day National conference with national and international speakers and audience of 200+. The programme included study visits including to Sighthill, one of the largest city centre regeneration projects in Europe and Paisley, supporting its 2021 City of Culture bid.

Full list of winners:

- **Bikeability Scotland 'Pupils' Choice**
Winner: Andrea Williams, Blackwood Primary School, South Lanarkshire
Highly commended: Ann Kerr of Carleton Primary School in Fife
- **Bikeability Scotland Volunteer of the Year**
Winner: Deborah Gault, East End Primary School, Moray
Highly Commended: Margaret Voss, Lundin Mill Primary School, Fife

Bikeability Scotland

Bikeability Scotland is a cycle training scheme designed to give children the skills and confidence they need both to cycle safely on the roads, and to encourage them to carry on cycling into adulthood. Bikeability Scotland is managed by Cycling Scotland, the national organisation for cycling promotion, on behalf of the Bikeability Scotland Delivery Group.

www.bikeability.scot

Cycling Scotland

Cycling Scotland is the nation's cycling organisation. Working with others, we help create and deliver opportunities and an environment so anyone anywhere in Scotland can cycle easily and safely.

Cycling Scotland is a recognised Scottish Charity no. SC 029760.

www.cycling.scot

Transport Scotland

Transport Scotland is the national transport agency for Scotland, delivering the Scottish Government's vision for transport.

www.transport.gov.scot