

**Press release**

**for immediate release**

**25 April 2017**

## **Kinnaird Primary School given Cycle Friendly School Award from Cycling Scotland**

Kinnaird Primary School in Larbert, has gained the Cycle Friendly School Award from Cycling Scotland in recognition of their efforts to support and encourage cycling to school.

Matt Wilberton, Cycling Scotland development officer, visited the school to present the staff and pupils with their well-deserved award.

Kinnaird Primary School demonstrated their commitment to cycling by working closely with Cycling Scotland and Sustrans I Bike officer, Bryan Jardine, to increase awareness of active travel and facilitate Bikeability Scotland cycle training to all P5 and P6 pupils.

Class teacher at Kinnaird Primary, Karen Nichol, said, “We recognise both the environmental and health benefits of cycling to school and encourage all pupils to cycle or scoot to school. Cycling has given children more freedom and has provided an opportunity for independent travel with minimal impact on our environment.

“Working with Cycling Scotland and Sustrans has assisted and encouraged our young people to cycle and scoot and we are grateful to them for their support in our journey to become a Cycle Friendly Primary School.”

Matt Wilberton, Cycling Scotland development officer, said, “I was very impressed by the number of pupils that travel to school by bike. On the day of my visit, there were large numbers of bikes in every bike parking shelter accounting for nearly 10% of the school roll. Working towards the Cycle Friendly School Award is a great way to make a real difference by getting more pupils cycling to school regularly.”

The nationally recognised Cycle Friendly School Award recognises primary schools, teachers and volunteers committed to increasing cycling to, from and around school.

The award has been developed by Cycling Scotland with the aim of promoting cycling to school as a pleasant, healthy and economical travel choice. Cycling Scotland offers guidance on travel planning and providing cycling facilities and helps to create a culture of cycling within the school community.

To achieve the award, schools must show commitment to cycling by providing facilities such as bicycle parking, changing facilities and Bikeability Scotland cycle training.

## **ENDS**

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## NOTES TO EDITORS:

### **About Cycling Scotland**

Cycling Scotland is the national cycle training, promotion, events and engineering organisation for Scotland. We are working to establish cycling as an acceptable, attractive and practical lifestyle option.

[www.cycling.scot](http://www.cycling.scot)

Cycling Scotland is a recognised Scottish Charity no. SCO29760.

### **Cycle Friendly programmes**

Cycle Friendly Schools is part of a suite of Cycle Friendly Awards spanning primary schools, secondary schools, colleges and universities, work places and communities.

For more information about Cycling Scotland's Cycle Friendly programmes, visit

[www.cyclingscotland.org/our-projects/award-schemes](http://www.cyclingscotland.org/our-projects/award-schemes)

### **Sustrans Scotland**

Sustrans is the charity making it easier for people to walk and cycle. We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

[www.sustrans.org.uk](http://www.sustrans.org.uk)

Sustrans is a registered charity no. SCO39263 (Scotland) and 326550 (England and Wales)