

## Cycling Friendly Primary School Award handbook

### About Cycling Scotland

Cycling Scotland is the nation's cycling organisation. Working in partnership with other organisations, with funding from Transport Scotland, we help create an environment for everyone in Scotland to cycle easily and safely. Our vision is of a sustainable, inclusive and healthy Scotland where anyone, anywhere can enjoy all the benefits of cycling.

Cycling Scotland is a Scottish Charity, SC029760, regulated by the Scottish Charity Regulator (OSCR).

### Our vision

A sustainable, inclusive and healthy Scotland where anyone, anywhere can enjoy all the benefits of cycling.

### Our mission

Cycling Scotland is the nation's cycling organisation. Working with others, we help create and deliver opportunities and an environment so anyone anywhere in Scotland can cycle easily and safely.

### Introduction

In this guide we'll explain the benefits of becoming a Cycling Friendly Primary School and guide you through the steps to becoming one.

Why cycling? Right now, in Scotland, cycling continues to be a popular travel choice for many. That's because so many of you are seeing the benefits that cycling brings, like improving your health, saving you money and looking after the environment. We all understand the benefits of cycling but the real question is, how do you get more people cycling at your school? Cycling Scotland's Cycling Friendly Primary School Award is designed to help you do just that.

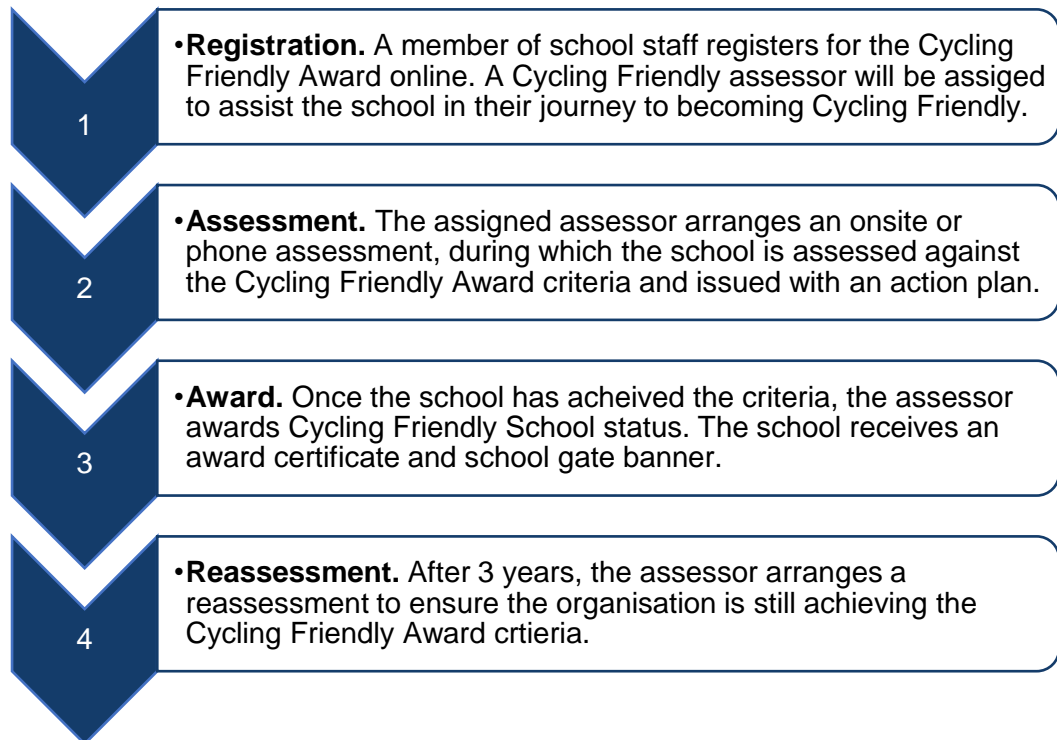
Becoming a Cycling Friendly Primary School Award is recognition of the whole school community effort to increasing cycling at school. The Award is nationally recognised and is a great way for your school to show its commitment to cycling and active travel.

Your role as the school cycle champion is an important one because:

- you will be our main point of contact throughout the awards process
- you will need to motivate and coordinate others

The easiest and quickest way to make changes in your school is to bring together teachers, parents and pupils. It only takes one enthusiastic person to make big changes to your school by encouraging the different parts of your school community to work together. The role of the school cycling champion is essential to achieving the Cycling Friendly Primary School Award.

## How to become a Cycling Friendly Primary School





## Award Criteria

The criteria of the Cycling Friendly Primary School Award fall into three categories: infrastructure; development & promotion. Not all criteria apply equally to every school and this is taken into account during the assessment process.

Bear in mind that you don't need to answer yes to all 11 questions achieve the award.

	Question	Y/N	Comment
1	Does your school have a school cycle champion?	YES / NO	
2	Is cycle parking available for pupils and staff?	YES / NO	
3	Does your school provide changing facilities for pupils and staff?	YES / NO	
4	Are there safe routes to school in the wider community? (eg. 20mph zone, safe access routes etc)	YES / NO	
5	Does your school have an up-to-date travel action plan?	YES / NO	
6	Is Bikeability Scotland training level 2 delivered in your school?	YES / NO	
7	Are there after-school cycling opportunities promoted to pupils?	YES / NO	
8	Does school cycling contribute to wider initiatives, such as the Eco-Schools Award?	YES / NO	
9	Does your school participate in promotional activities, such as The Big Pedal?	YES / NO	
10	Does your school promote cycling to the wider school community?	YES / NO	
11	Does the school take part in Hands Up Survey/ WOW Travel Tracker	YES / NO	

## Useful links

- Sustrans Scotland provides support for Safer Routes to School and School Travel Plans. They also provide funding for cycle and scooter parking for schools as well as a range of free resources and curriculum-based lesson plans to help promote walking and cycling to school: [sustrans.org.uk/scotland](https://sustrans.org.uk/scotland)
- Scottish Cycling has lots of useful information on school cycling clubs and cycling for sport. [britishcycling.org.uk/scotland](https://britishcycling.org.uk/scotland)
- JRSO stands for Junior Road Safety Officer. The JRSOs and their teams are a huge help to the Road Safety Officer for the local area, as they help promote road safety issues within their school and local community: [www.jrso.com](http://www.jrso.com)
- The Road Safety Scotland has information about their Junior Road Safety Officer project as well as general road safety advice for all road users. <https://roadsafety.scot/>
- Living Streets works closely with schools to promote walking to school through their WOW (walk once a week) campaign. [livingstreets.org.uk/scotland](https://livingstreets.org.uk/scotland)
- Cycle Streets is a useful nationwide cycle journey planning and mapping tool. [cyclestreets.net](https://cyclestreets.net)
- Eco-schools is a national initiative designed to encourage 'whole-school' action for the environment. <https://www.keepsotlandbeautiful.org/sustainable-development-education/eco-schools>