

Practical Cycle Awareness Training (PCAT) is a JAUPT accredited course, promoting awareness of vulnerable road users including people cycling. The course counts for 7 hours of Driver CPC and meets requirements for fleet operators working towards FORS Silver level.



Cycling Scotland support more than 1,000 LGV and PCV drivers to undertake Practical Cycle Awareness Training every year. We are committed to sustainable delivery in settings familiar to participants and work with partners to achieve this.

Our standard fee for a full course of up to 16 drivers is £1,125

FULLY FUNDED OPPORTUNITY:

Cycling Scotland will partner with fleet operators who commit to embed Practical Cycle Awareness Training within in-house CPC training centres. We will provide support to develop and register your own course, support to train your CPC trainers as cycle instructors, and provide two days of free training to your drivers from our own expert instructors.

Cycling Scotland has supported many organisations through this process including Glasgow City Council and Lothian Buses, assisting them to support more than 1,000 drivers to complete CPC hours.

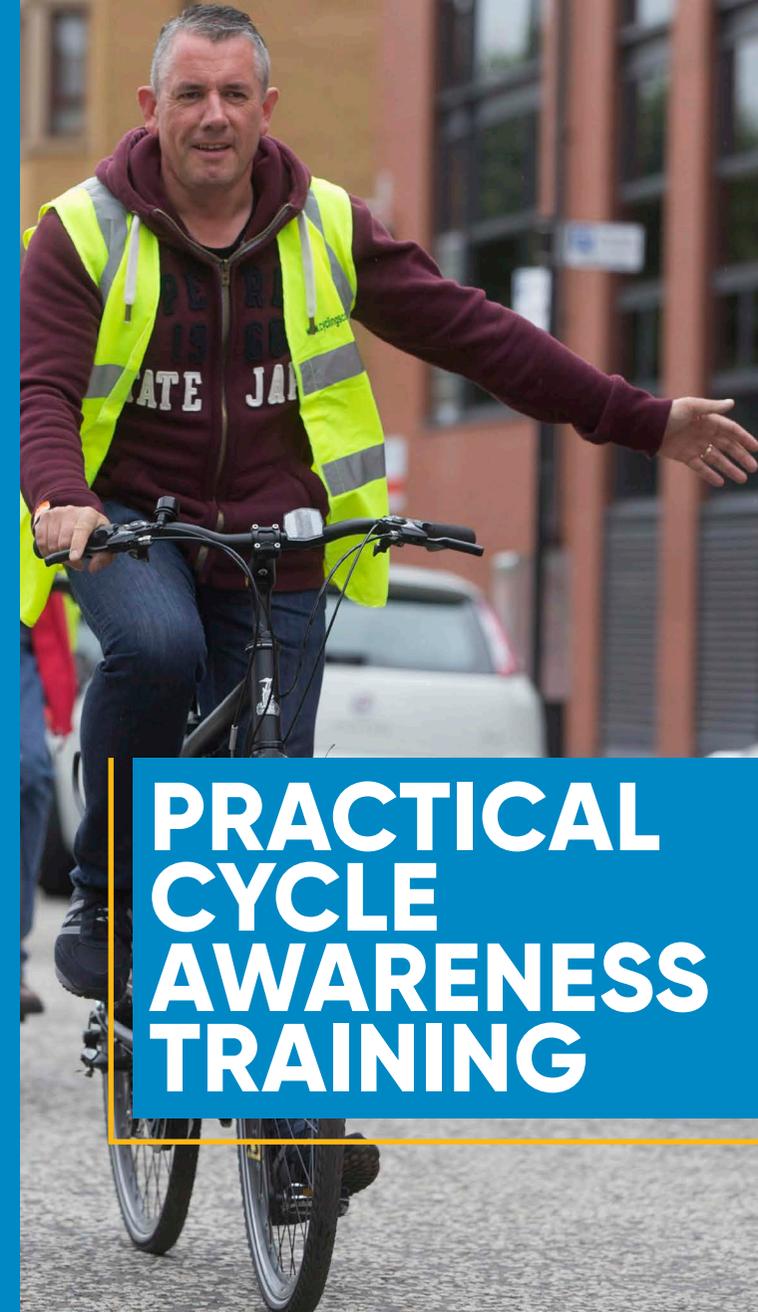
SUBSIDISED OFFER:

Cycling Scotland can provide training courses to operators delivering key public contracts including school-bus services for a reduced rate.

Please get in touch at [training@cyclingscot](mailto:training@cyclingscot.scot) or 0141 229 5350 for more information.

Cycling Scotland

Recognised Scottish Charity no. SCO29760



**PRACTICAL
CYCLE
AWARENESS
TRAINING**

JAUPT accredited CPC course

Practical Cycle Awareness Training involves two modules, that combine to 7 hours of Driver CPC time.

3.5
HOURS

Classroom based 'vulnerable road user' theory module.

3.5
HOURS

Practical cycling element promoting greater understanding of cyclist behaviour through role reversal.

No prior experience or skill is required, and all bikes and equipment are provided.

Practical Cycle Awareness Training is aimed at local authorities and contracted partners, bus and coach operators, or freight operators looking to embed vulnerable road user training within their CPC centres.

4/5 Participants agree that Practical Cycle Awareness Training gives professional drivers a much better understanding of bicycle users' behaviour. Course feedback consistently rates very highly.

"I really enjoyed the course. I had not cycled for 30 years. Bit of an eye opener!"

– Participant feedback

See the reverse for course fees and funding opportunities.

Practical Cycle Awareness Training was developed by Cycling Scotland with input from partners including City of Edinburgh Council, CPT, RHA, Lothian Buses, Midlothian Council, SPT. The project was developed with funding from Transport Scotland to support the Road Safety Framework.

Cycling Scotland supports 50,000 people every year to develop safe and confident cycling skills. Practical Cycle Awareness Training complements our messaging to people cycling about safety around large vehicles.

CASE STUDY: LOTHIAN BUSES

As part of their annual compulsory Certificate of Professional Competence training, Lothian Buses partnered with Cycling Scotland to provide all its drivers with bespoke Practical Cycle Awareness training.

Over 1,700 drivers, managers and supervisors from across the business will take part in the course this year.

Two of Lothian's training centre team have been specially trained by Cycling Scotland to become qualified Cycling Instructors and lead the course. The company has also invested in a fleet of Raleigh Pioneer hybrid bikes, which will be maintained in house, for use during the training across the year.

Richard Hall, Managing Director of Lothian, said: "Following feedback from previous CPC training courses we thought long and hard about how we could make the course more interactive and increase the level of learning for all our staff. This fantastic opportunity will assist us all in learning more about sharing road space and gaining a better understanding of the difficulties faced by other road users."

