



Coordinator Bio

East Renfrewshire Bikeability Scotland Coordinator

Keith Fergus

Job title: Bikeability Scotland Coordinator
Contact: keith.fergus@eastrenfrewshire.gov.uk
07388 859 213



Keith has been delivering Bikeability Scotland for the past six years and has been a coordinator since April 2017. Keith is motivated by the fact that he is able to provide every P6 pupil in all of East Renfrewshire's 25 schools with the opportunity to take part Bikeability Scotland Level 2 as well working with 18 schools on the Level 3 programme. Keith is qualified as a Cycle Tutor as well as being a Bikeability Scotland Mentor.

Earliest memory of cycling?

Out cycling with my pals when at primary school. Most of the summer holidays were spent out on our bikes.

What would you say to a school thinking about participating in Bikeability Scotland?

Definitely do it. It provides the pupils with a fantastic life skill as well as being a great way to stay fit. Delivering Bikeability Scotland, whether you are an instructor, a teacher or a parent volunteer is brilliant fun and incredibly satisfying.

Best Bikeability Scotland moment?

Working with a pupil who was incredibly anxious about cycling on roads and then seeing him push himself and become more confident with his cycling and with himself. He progressed onto our Level 3 programme and continues to cycle regularly.

Most likely to be heard saying....

Don't forget your final check!!