



# Coordinator Bio

## Aberdeen

### Bikeability Scotland Coordinator

#### Sally Duthie

**Job title:** Bikeability Scotland Coordinator

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Sally has been working for Adventure Aberdeen for six years as an outdoor instructor and Bikeability Scotland Coordinator in Aberdeen City and works with the majority of the 48 city primary schools delivering sessions and mentoring CTAs. I hold cycling certificates in CT+, Essential Cycling Skills, Cycle Ride Leader, Silver Velotech, GoMTB Level 3 Coach, UKCC Level 2 Cycle coach with mountain bike add-on, along with other outdoor qualifications and Outdoor First Aid.

#### Earliest memory of cycling?

Flying down the road outside my house on a wee balance bike with my friends.

#### What would you say to a school thinking about participating in Bikeability Scotland?

Riding a bike safely is a life skill every child should have and this is the best way to ensure that happens.

#### Best Bikeability Scotland moment?

Having a child who had just learned to ride his bike asking "does that mean I can ride a bike now."

#### Most likely to be heard saying....

"Don't forget that final look!"